**NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 22 points possible**[Life Begins at the End of Your Comfort Zone | Yubing Zhang | TEDxStanford](https://www.youtube.com/watch?v=cmN4xOGkxGo)

**Dictation (4 points)**

Directions: Listen and write exactly what you hear. You will hear each sentence twice.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	1. This is the first time in my life that I don’t have a plan.
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	1. My love for my parents is the strongest emotion in my life.

**Vocabulary Inference (2 points)**

Directions: Listen and read the following passage. Use context clues to give a synonym or definition for the bold words.

*To help Chia and thousands of other girls like Chia, I started a* ***vocational*** *skill training program. After 3 months of training, magic happened. Chia regained confidence and dignity,* ***stepped out of*** *the fear of failure and found a new job in a local hotel …*

1. What does “vocational” mean?

Job, career

1. What does “*stepped out of*” mean?

Left, stopped, finished

**Syllable Stress (4 points)**

1. pursue
2. achieve
3. failure
4. courage

**Take notes here**

**Comprehension (2 points each = 12 points)**

1. What convinced the speaker to do the bungee jump?

She saw a sign that said “Life begins at the end of your comfort zone.”

1. What did the speaker think as she was falling?

This isn’t as scary as it looks.

1. What was the problem that the Cambodian woman named “Chia” was having when the speaker met her?

Her husband was abusive, but she didn’t want to leave because she didn’t think she could survive on her own.

1. What are **two ways** that the speaker’s friend John changed his life?

He quit his job, moved to Australia, became a hypnotherapist, and travels the world giving workshops

1. According to the third story, what did the speaker not have the courage to do in the past?

She was afraid to tell her parents “I love you.”

1. Which of the stories in this talk is the most inspirational for you? Why? Give enough details to show that you understood the story and that you can connect it to your life.

Varied, but should clearly state one of the stories and support it with details and connections

**Vocab Study List prior to Test**

hypnotherapy

bungee

constant

journey

magic

quit

struggle

extreme

emotion

pursue

achieve

failure

courage

platform

ankle